

Artificial organisms as tools for the development of psychological theory: Tolman's lesson

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Received: 29 June 2007 / Accepted: 4 July 2007 / Published online: 31 July 2007
Marta Olivetti Belardinelli and Springer-Verlag 2007

Abstract In the 1930s and 1940s, Edward Tolman developed a psychological theory of spatial orientation in artificial organisms: Tolman's theory rats and humans. He expressed his theory as an automaton (the "schematic sowbug") or what today we would call an "artificial organism." With the technology of the day, he could not implement his model. Nonetheless, he used it to develop empirical predictions which tested with animals in the laboratory. This way of proceeding was in line with psychological theory. His works were written in an easy-scientific practice dating back to Galileo. The way psychology goes and often poked subtle fun at academic orthodoxy. He drew on many, very different disciplines, from breaks with this tradition. Modern "artificial organisms" are constructed a posteriori, working from experimental observations. As a result, researchers can use them to confirm a theoretical model or to simulate its operation. But they make no contribution to the actual evaluation of organisms' autonomous cognitive activity in man's original strategy: implementing his theory of contrast with the radical behaviorism of his day. In reality, "vicarious trial and error" in a simulated robot, forecasting the robot's behavior and conducting experiments that verify or falsify these predictions.

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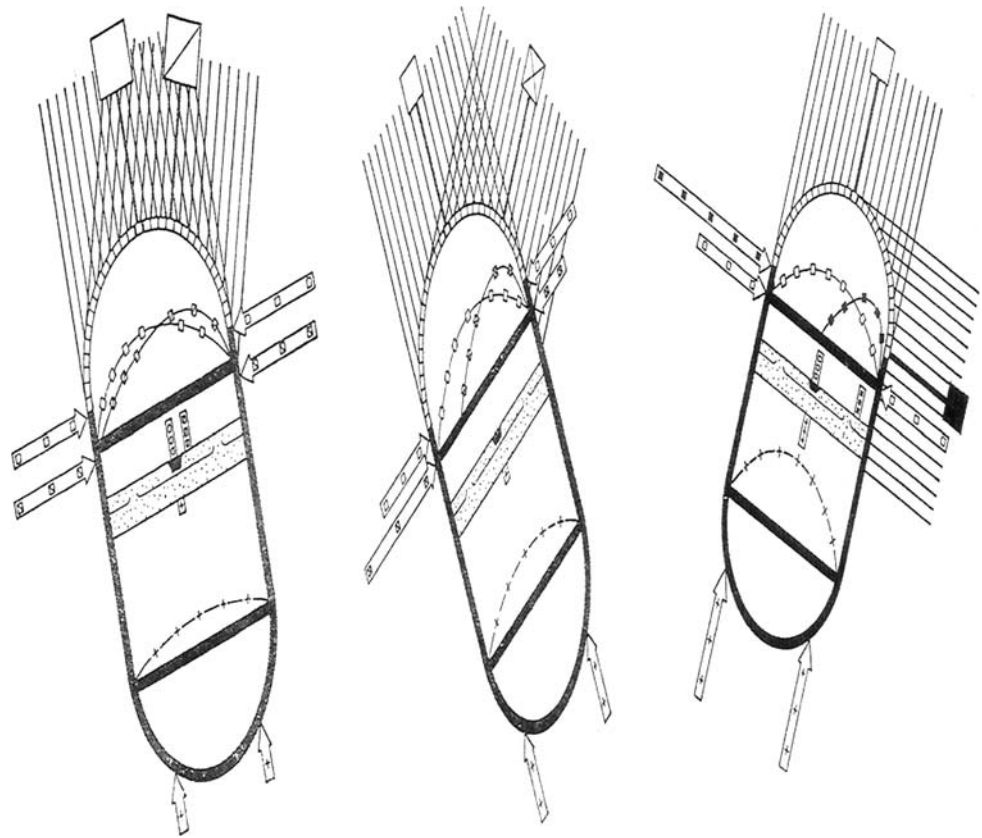
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Introduction
Edward Tolman (1886–1959) was a major innovator in psychological theory. His works were written in an easy-scientific practice dating back to Galileo. The way psychology goes and often poked subtle fun at academic orthodoxy. He drew on many, very different disciplines, from psychoanalysis and zoology, to Gestalt psychology and engineering. But unfortunately, his extreme eclecticism has left no trace in modern psychology. Today most scholars consider him a historical curiosity. All they remember of his thinking is his concept of a "cognitive map" and his rebuilding of models. In this paper, we try to return to Tolman's original strategy: implementing his theory of contrast with the radical behaviorism of his day. In reality, Tolman achieved far more than this. Among other things, he used robots as a tool, to understand learning. In this attempt, he was seventy years ahead of his time. Rereading his books and papers, we find the conceptual roots of several strands of modern research: the "Animat Approach" (Meyer 1995), "Cognitive Robotics" (Clark and Grush 1999), "Bio-morphic Robotics" (Assad et al. 2001), "Situated Systems" (Johnston 2001), "Evolutionary Robotics" (Nol and Floreano 2000), "Epigenetic Robotics" (Balkenius et al. 2004) and "Behavior-based robotics" (Arkin 1998). Tolman's idea of using robotic models in experimental psychology is more than a mere historical curiosity: from his work, it is possible to extract many ideas relevant to epistemological thinking on the use of robots in psychology (Webb 2000, Parisi 2005), as well as valuable methodological suggestions for experiments.

This is what we have tried to do in this paper. We have returned to a project that Tolman left unfinished and in a

Fig. 2 Vicarious trial and error in the Schematic Sowbug on tasks of varying difficulty: difficult (left), average difficulty (center) and easy (right). Adapted from Tolman (1939)



came years later with the birth of Cybernetics (Wiener 1948) and the invention of the computer. Only today has it become possible to transform Tolman's description into another algorithm which can be implemented on a computer (see later in this paper).

Tolman's quasi-algorithm is based on the theoretical approach of Lewin (Lewin 1936) and on studies of tropisms by Loeb (Loeb 1912) and Blum (Blum 1935).

Lewin's *Topological Psychology* has influenced the work of a very large community of psychologists (especially social psychologists) and continues to be very influential even today. In topological psychology, an organism's mental organization is expressed as a topological map locating the functions and information required for the organism's survival. In this view, individuals do not react automatically to stimuli, but iteratively, mapping each stimulus onto a "mental" space. In line with this mental approach, Tolman, provided his automaton with a kind of map (its life space) representing the stimuli from its sense organs. Very different stimuli occupied distant points in life space; similar stimuli converged onto points which were close to each other. It was this structure of life space—in modern terms the structure of its "cognitive representations"—that determined the Sowbug's behavior.

Its behavioral repertoire consisted of two tropisms: orientation and approach. Given a stimulus, the Schematic Sowbug would orient toward the stimulus (the orientation tropism) and move toward it (the approach tropism). In other words, the two tropisms act together but partly independently to determine the direction and the acceleration of the sowbug. Through repeated interactions with the environment (learning) the sowbug gradually acquires the approach tropism. The orientation tropism remains unchanged.

Tolman's description of the mechanism regulating the behavior of the Schematic Sowbug was long and not always straightforward or unambiguous. Using this description, he predicted the conditions under which the sowbug would display VTE (see Fig. 2). He then used these predictions to plan and implement animal experiments in the laboratory (see Sect. "From theoretical to experimental observations: the design and implementation of experiments with biological organisms").

What he did not plan was a quantitative comparison between the predicted behavior of the sowbug and laboratory observations. To quantify Tolman's theoretical predictions, we created a computer simulation of a physical structure consistent with

Tolman's description of the schematic sowbug in our simulation, the sowbug is represented by a two-dimensional ellipsoidal structure composed of a 10 cm rectangle lying between two semi-circles, each with a radius of 2.5 cm. The simulated animal "lives" in a world populated by objects whose colors lie on a gray scale. Its sensory system, consisting of nine light sensors, lies at the pole of the ellipsoid. Each sensor has a receptive field of 180°. Sensor activation is inversely proportional to the distance from the source of stimulation and directly proportional to the level of gray of the stimulus (minimum in the case of a "white" object and maximum for a "black" object). This implies that the same sensor can produce different levels of activation even when it is stimulated from the same source. For example, if we place the Sowbug exactly opposite a stimulus of homogeneous color, its peripheral sensors, which are further away from the stimulus, will display a lower level of activation than sensors at the apex of the ellipsoid, which will function as a kind of "proto-fovea". According to Tolman, this property is a necessary condition for replicating the orienting behavior observed in VTE. He discussed the point at length, illustrating his argument in a diagram (see Fig. 3).

The Sowbug's motor apparatus consists of an orientation effector and a progress effector. The orientation effector allows the Sowbug to rotate around its axis by $\pm 45^\circ$; the progress effector has two states, 0 and 1: when the effector is in state 0 the Sowbug does not move; when it is in state 1 (when the drive to approach exceeds the choice threshold), it jumps 10 cm. in the direction of the sensory apparatus.

The experimental setting consists of a 50 cm x 50 cm arena. At the beginning of each "training" session, the Sowbug is placed in the center of the arena, facing two rectangular objects of different colors, which are 14 cm apart (see Fig. 4). The experimenter assigns one object as "correct". The task for the Sowbug is to learn to choose this object (i.e., to move until it reaches the object).

The Sowbug's behavior is decided by a control system, whose main functions are shown in Fig. 5 and discussed below. Appendix 1 provides a formal description of the control system.

The stimuli (the two rectangular objects) activate the Sowbug's sensory system (Activity 1). If this is the first time the Sowbug has been exposed to the stimuli, the algorithm assigns values to three internal variables that represent the Sowbug's initial "knowledge base" (Activity 2). These are:

- The *difference in color* between the two stimuli; this measure is expressed by a value ranging from 0 (no

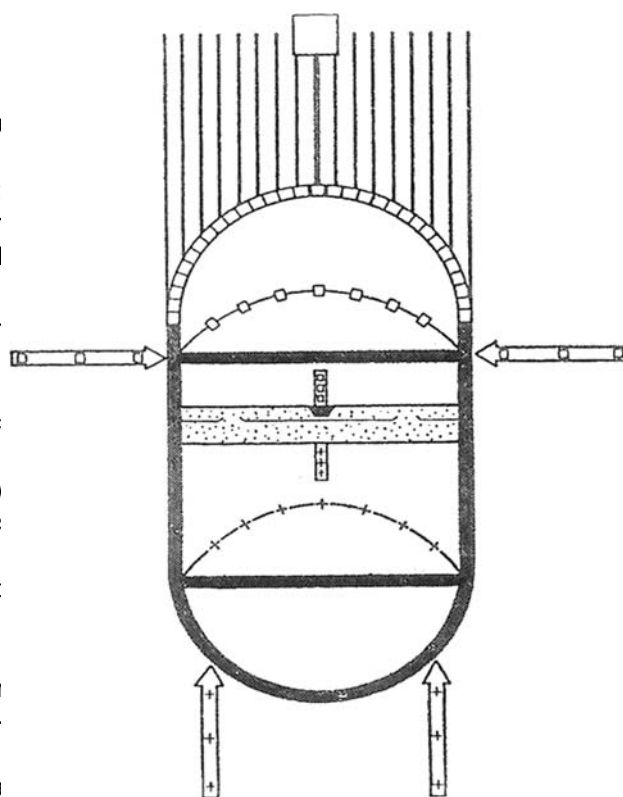


Fig. 3 The orienting reflex as a function of the structure of the Sowbug's sensory system. The Sowbug tends to maximize the total activation from its sensors. The optimal position for the stimulus is thus directly in front of the central sensors (adapted from Tolman 1939)

chromatic difference) to 1 (maximum chromatic difference: one object is white and the other is black) mapped in a probability space ranging from 0.5 to 1 (see appendix for values used in the simulation). In Tolman's terms this operation is equivalent to establishing the distance between the stimuli and placing them in the Sowbug's "life space" (see above).

The *level of "attraction"* (Tolman calls this "Need") associated with each stimulus. This internal variable obliges the Sowbug to orient toward the stimulus with the higher level of attraction.

The *choice threshold* associated with each stimulus: the more the Sowbug "looks" at a stimulus, the greater the drive to approach it. When the drive passes a threshold, the Sowbug approaches the stimulus.

The Sowbug activates its orientation effector depending on the sensory stimulation it receives and the values of its internal variables (Activity 3). If its new position leads it to focus on a single stimulus (the central sensors are excited by a single source of stimulation), its attraction to the stimulus diminishes drastically and its attraction to the other stimulus (which it is not focusing on) increases

¹ The program and the source code is written in Java. It can be downloaded from <http://www.laral.istc.cnr.it/gigliotta/onisco.htm>.

Fig. 4 The simulator, showing the results of a training session

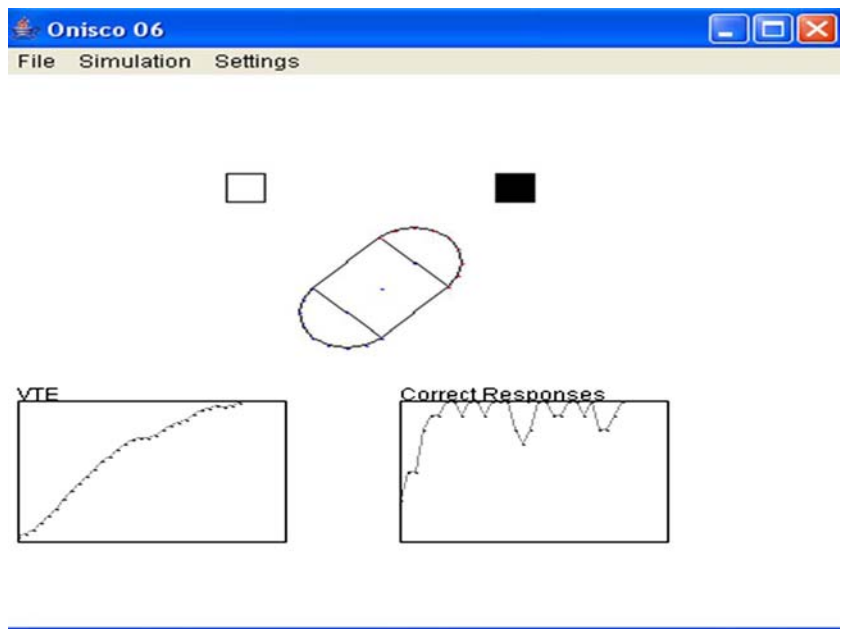
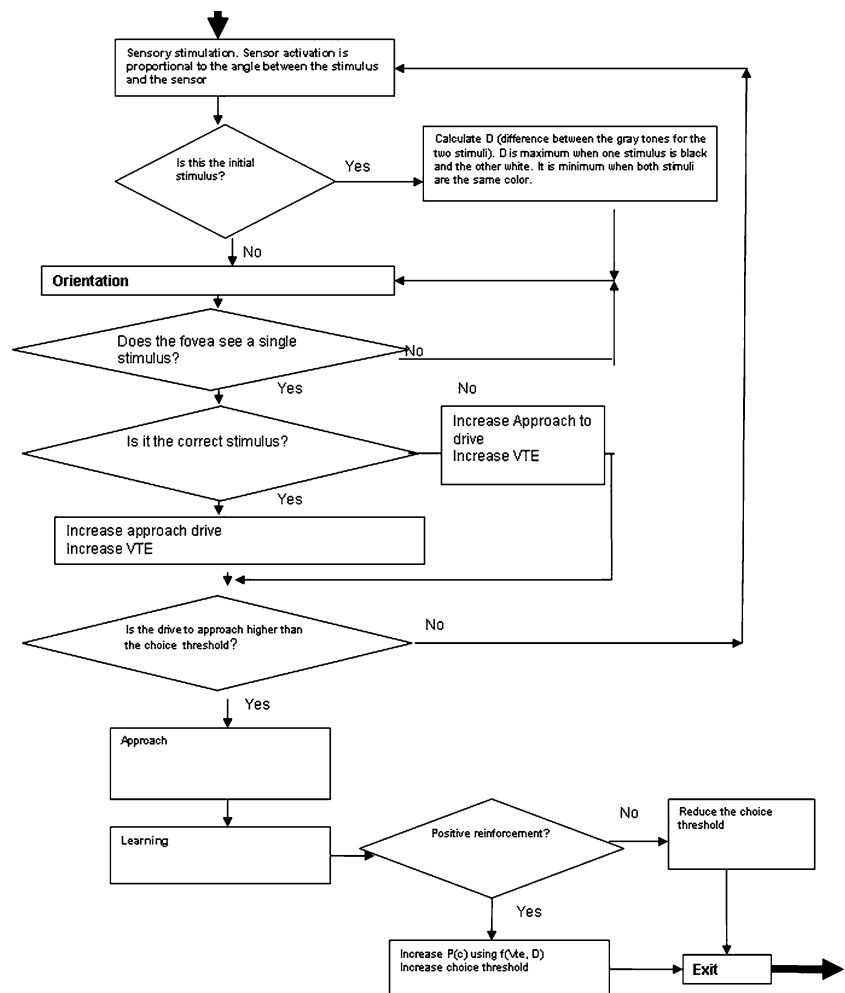


Fig. 5 The sowbug control system



(Activity 4). This mechanism produces an oscillatory behavior in which the Sowbug focuses first on one stimulus then on the other.

Just as Tolman wrote in his paper, VTE plays a major role in the learning process. Whenever the Sowbug is focusing on a stimulus (VTE), the drive to approach will increase (Activity 4), according to Tolman for each VTE. When this drive passes a threshold, the Sowbug activates its approach effector (Activity 5). This behavior is interpreted as a concrete decision. At this point, a learning process (Activity 6) is triggered: if the stimulus chosen is the “correct” one, its *choice threshold* is increased as well as $P(c)$ (i.e., the probability that the sowbug will make a correct response). Otherwise it is reduced. In other words: if it is easy to discriminate between the two stimuli, the choice threshold for the correct stimulus will increase during learning. If, on the other hand, the Sowbug chooses the wrong stimulus, the choice threshold will decrease. The whole mechanism is designed to ensure that the Sowbug becomes gradually more effective in choosing the right stimulus. In cases where there is little difference between the two stimuli, the Sowbug will make repeated errors.

In line with Tolman’s reasoning, we conducted a series of experiments under three different conditions: high discrimination between stimuli (one white/one black), average discrimination (white/gray), low discrimination (white/light gray). We observed that, for certain parameter (levels of attraction, choice thresholds, etc., see Appendix 1), the Sowbug perfectly reproduced the VTE behavior described in Sect. “Vicarious trial and error”. Figure 6 and 7 describe the Sowbug’s behavior in these experiments. The results match Tolman’s qualitative predictions. Our simulations show he was also correct in quantitative terms.

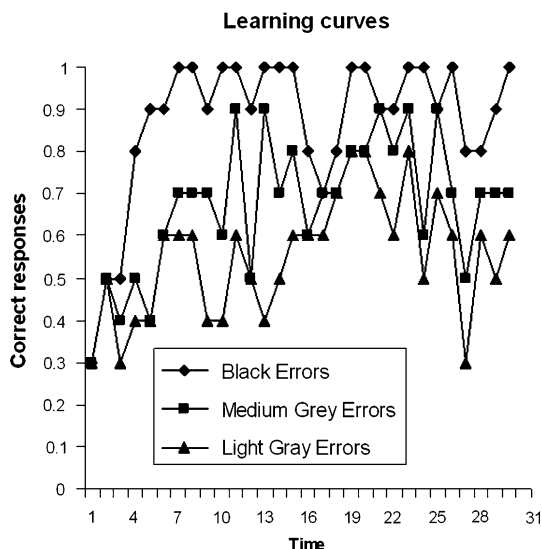


Fig. 6 Proportion of correct responses by session

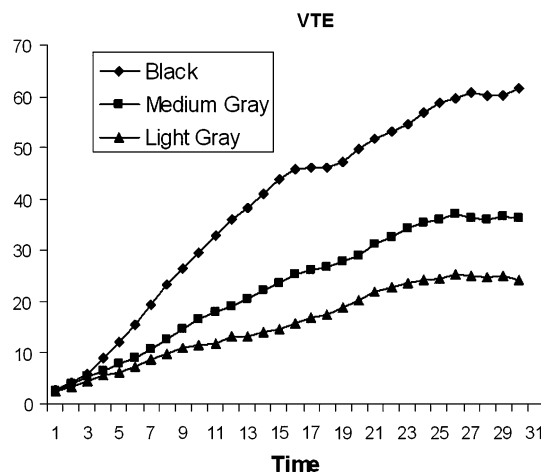


Fig. 7 Frequency of VTE by session. The Tolman model predicts a low number of VTEs in the initial phases of learning. VTEs are then expected to become more and more common until the animal has learned to reliably make the correct choice (the increased frequency of correct choices is shown in Fig. 6). The frequency of VTEs is directly proportional to the difference in color between the stimuli. VTEs are more common in discrimination between white and black stimuli than in white/gray or white/light gray discrimination tasks

From theoretical predictions to observable behavior: the design and implementation of experiments with biological organisms

After embodying his theory in the schematic Sowbug, Tolman went on to test its qualitative predictions in experiments with rats. Just like our own experiments with the simulated Sowbug, the experiments confirmed his theoretical predictions.

Given the importance of this result, it is worthwhile describing the main features of the experiment.

Tolman observed three groups of rats (*Rattus norvegicus albinus*) in an experimental setting originally devised by Lashley (1912, see Fig. 8). This setting was extremely similar to the setting in which Tolman had imagined his experiments with the Schematic Sowbug.

The rat was placed on a trestle in front of two colored doors. To escape, it had to choose which door to jump toward.

One group of rats was tested with doors (one white/one black) which it was easy for them to distinguish; another group was tested with doors (one white/one gray) which were fairly easy to distinguish; a third group was tested with doors that were difficult to distinguish (one white/one light gray). In all three cases, the door which led out of the maze was the white one. Therefore, it was this door that constituted the “correct” stimulus.

After a series of complicated experimental procedures, designed to investigate intervening variables (arrangement of the doors, standardization of the pre-training period, sex

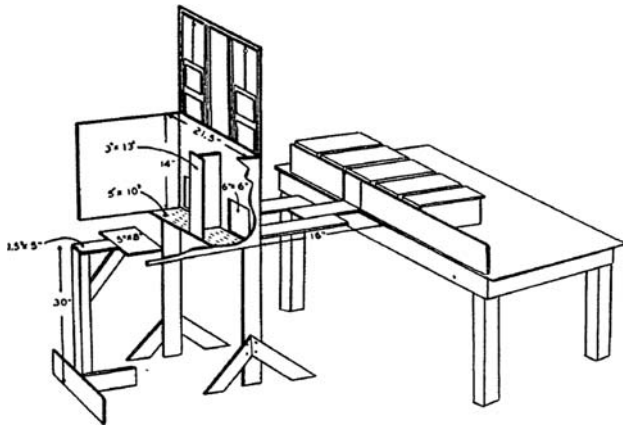


Fig. 8 The experimental apparatus used by Tolman in his experiment (adapted from Tolman 1939)

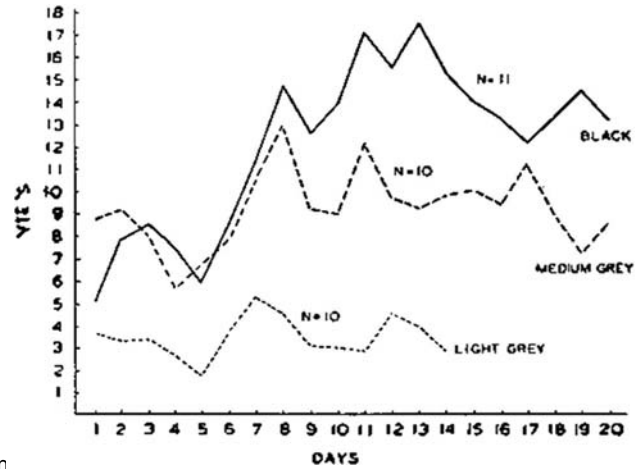


Fig. 10 Average number of VTE per day during the experiments. The trend is compatible with the predictions reported in Fig. 7

of rats, etc.), Tolman tested the rats on the experimental task. His experiments produced the learning curves shown in Figs. 9 and 10. Just as he had predicted, the rats produced the pattern of VTE described in Sect. "Vicarious trial and error".

Conclusions

In this paper, we have followed the intellectual journey that led Tolman to identify a certain behavioral phenomenon (VTE behavior), to formulate a theoretical explanation in the form of an Artificial Organism, to deduce empirical predictions and, finally, to devise theoretical predictions and to test them in a real laboratory experiment. Our own contribution is limited to the part of this project that

Tolman was unable to complete for lack of the necessary technology, namely the formalization of his theory in a computer program and the testing of its predictions. Our results suggest that, despite the criticism he suffered at the time, his approach could be extremely useful in producing scientific explanations of psychological phenomena.

Tolman was an innovator only in the way in which he expressed his theory. In all other respects he adopted the traditional Galilean method: he chose a phenomenon as his object of study, he hypothesized an explanation, he tested his predictions in a controlled laboratory experiment.

Today a large community of researchers involved in the study of the cognitive, neural and behavioral processes of living creatures accept Tolman's innovation, using "artificial organisms" to simulate a broad range of animal behavior. Several remarkable pieces of work in bio-inspired robotics seem to adopt Tolman's strategy, even if not explicitly. For instance, Lund et al. (1998) used experiments with robot crickets not only to test data from biological experiments but to suggest future animal experiments.

However, most researchers in the field have taken a different path from Tolman's, using "artificial organisms" either as "ideal models" or as "data models". In the first case, they use them as a metaphor for phenomena that can be observed in nature. An example of this approach can be found in Nolfi (2005), an influential paper which shows how the behavior of Artificial Organisms (mobile robots) can be considered (and described) as a complex dynamic system. This method produces interesting heuristic insights. It does not however constitute a theory of any natural phenomenon.

An alternative approach is to use artificial organisms as a data model, precisely replicating experimental observations. In a recent paper, for example, Miglino and Walker

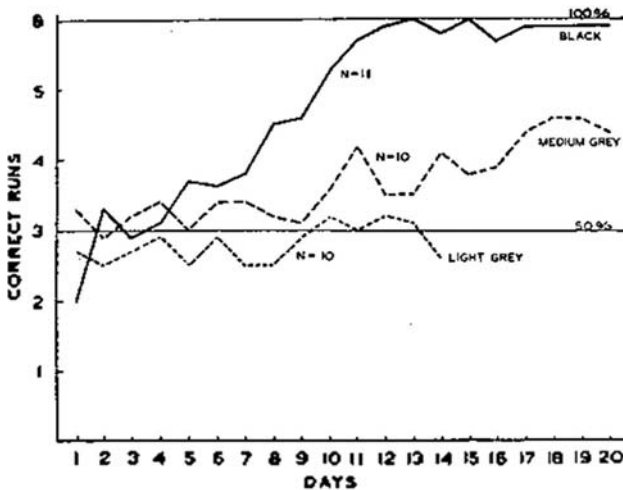


Fig. 9 Learning curves in relation to the average number of correct choices per day. The trend is compatible with the predictions reported in Fig. 6

(2004) tested mobile robots in an experimental setting design his experiments. Today we can go one step further. originally used to study vertebrates' use of landmarks and For the first time, technology allows us to construct "real" geometrical cues in spatial cognition. Their findings artificial organisms. The next challenge is to follow in showed a perfect match between the performance of Tolman's footsteps, transforming them from mere emula- "artificial organisms" and those of experimental animals. tions of their biological equivalents into a method for Using artificial organisms allowed them to observe their developing scientific theories. internal workings in ways which would not have been possible in a living organism. But it should be clear that this approach too was very different from Tolman's. Appendix 1

The key point is that Tolman's predictions preceded his animal experiments. In other words he used his (imagined) Source code of the main java class used to simulate the simulation to make empirical predictions. Only then did hesowbug.

```

import java.awt.*;
class Sowbug
{

    plotGraph plotA;
    plotGraph plotB;
    plotGraph plotTot;
    Polybot Sowbugbot; //iSowbug Body
    Stimolo stA,stB;
    double sStA[]; //sensors activation for the stimulus A
    double sStB[]; //sensors activation for the stimulus B
    // partial orientation curves
    double oStA[];
    double oStB[];
    // partial progression curves
    double pStA[];
    double pStB[];
    // total curves for orientation and progression
    double oTot[];
    double pTot[];
    // total right and left values for orientation and progression
    double orientationRight,orientationLeft,progressionRight,progressionLeft;
    double needForA, needForB; //need switch

    //Variables used in the simulation
    double Pc; // Probability to give a correct response
    double choiceThreshold; // Choice level, needForA how many VTE needs the Sowbug to make a choice
    double chromaticDifference; // Chromatic difference computed for each stimuli pairs White-Black: 0.99
    White/Medium Gray 0.75 White/Light Gray: 0.6
    double k; // Constant value
    int noVte; // Number of VTE

```

```
int errors; // Number of incorrect responses
int currentStimulus; // means the status of the current stimulus: correct/incorrect

double correctOne;

Sowbug()
{
    //inializzo vettori orientamento e progressione
    sStA=new double[9];
    sStB=new double[9];
    oStA=new double[9];
    oStB=new double[9];
    pStA=new double[9];
    pStB=new double[9];
    oTot=new double[9];
    pTot=new double[9];
    //
    plotA=new plotGraph(oStA,9,"Orient. Altro",120,270);
    plotB=new plotGraph(oStB,9,"Orient. Bianco",10,270);
    plotTot=new plotGraph(oTot,9,"Orient. Tot",230,270);

    stA=new Stimolo();
    stB=new Stimolo();
    initStimoli();
    stB.setColoreStimolo(0);
    stA.setColoreStimolo(3);
    setStimoliPos(90,100);

    Sowbugbot=new Polybot(new Onishape());
    Sowbugbot.setDirection(4);
    resetExp();
    needForA=1;
    needForB=0;

    //Setting random numbers seed
```

```

Sowbugbot.ur.random.setSeed(4);

//Initial values
chromaticDifference=0.9; // refers to the color of the Stimulus
Pc=0.5;
//Initial choice threshold
choiceThreshold=2;
k=100;

}

//Computing inputs:
public void getInput()
{
    double distA,distB;
    Punto2D rel=new Punto2D();
    progressionRight=0;
    progressionLeft=0;
    orientationRight=0;
    orientationLeft=0;

    for(int i=0;i<9;i++)
    {
        //Sensors Activation
        rel.setX(Sowbugbot.coor_abs[i].getX()+Sowbugbot.coor_abs[i].getX()-
Sowbugbot.coor_abs[18].getX());
        rel.setY(Sowbugbot.coor_abs[i].getY()+Sowbugbot.coor_abs[i].getY()-
Sowbugbot.coor_abs[18].getY());

        distA=(Sowbugbot.ur.distanzaAngolare(Sowbugbot.coor_abs[i],stA.pos,rel));
        distB=(Sowbugbot.ur.distanzaAngolare(Sowbugbot.coor_abs[i],stB.pos,rel));
        if (distA>Math.PI/2) distA=Math.PI/2;
        if (distB>Math.PI/2) distB=Math.PI/2;

        //sensors activation rely on the angular distance from the stimulus
        //more the sensor is near and more is the activation
        sStA[i]=Math.cos(distA)*Math.abs((stA.getColor()-stB.getColor())/90);/*(4-Math.abs((i-4)))/4;
        sStB[i]=Math.cos(distB)*Math.abs((stA.getColor()-stB.getColor())/90);/*(4-Math.abs((i-4)))/4;

```

```

        //computing orientation vector
        oStA[i]=sStA[i];/*stA.getN();
        pStA[i]=sStA[i]*stA.getH();

        oStB[i]=sStB[i];/*stB.getN();
        pStB[i]=sStB[i]*stB.getH();

        oTot[i]=(oStA[i]*needForA+oStB[i]*needForB);
        pTot[i]=(pStA[i]+pStB[i]);

    }
    for(int i=0;i<4;i++)
    {
        progressionLeft+=pTot[i];
        orientationLeft+=oTot[i];
        progressionRight+=pTot[i+5];
        orientationRight+=oTot[i+5];
    }

}

//Computing outputs:
public int getOutput()
{
    double dO,dP,dT;
    dO=(orientationRight-orientationLeft)*0.33333;

    dP=(progressionRight-progressionLeft);

    dT=(dO);

    Sowbugbot.turn(dT);
    check();

    if(noVte>choiceThreshold)

```

```
{

    if (currentStimulus==0)
    {
        //choosed Stimulus is the correct one
        //Increasing probabily to give a correct response
        Pc+=(chromaticDifference-Pc)*noVte/(2*k);
        //Increase choice threshold
        choiceThreshold+=chromaticDifference*(k-choiceThreshold)/200;

    }

    if (currentStimulus==1)
    {
        //choosed stimulus is the incorrect one
        //decreasing choice threshold
        choiceThreshold=choiceThreshold-chromaticDifference*choiceThreshold/60;
        incorrectResponses++;

    }

    return -1;
}

return 0;
}

public void resetExp()
{

    resetPos();
    resetTrial();
}
```

```
    }

    public void resetTrial()
    {
        double rnum;
        noVte=0;
        errors=0;
        stA.h=0;
        stB.h=0;
        resetPos();
        rnum=Sowbugbot.ur.random.nextDouble();

        //deciding what stimulus is correct in the current trial
        if (rnum<Pc)
        {
            currentStimulus=0;

            needForA=0;
            needForB=1;

        }
        else
        {
            currentStimulus=1;
            needForA=1;
            needForB=0;

        }

    }

    public void paint(Graphics g)
    {
        Sowbugbot.paint(g);
        //drawing Sowbug
```

```
        g.setColor(Color.red);
        for(int i=0;j<9;i++)
            {
                g.fillOval(Sowbugbot.coor_abs[i].getIntX(),Sowbugbot.coor_abs[i].getIntY(),2,2);
            }
        //drawing Stimuli
        stA.paint(g);
        stB.paint(g);
    }

    public void resetPos()
    {

        //Resetting Sowbug initial position, needForAmely at the center of the areneedForA between two stimuli
        Sowbugbot.reloadShape();
        Sowbugbot.setPos(200,200);
        Sowbugbot.turn(Math.PI);

    }

    public void initStimoli()
    {

        stA.setColor(30);
        stA.h=0;

        stB.setColor(0);
        stB.h=0;

    }

    public void setStimoliPos(double degrees, double radius)
    {

        double alfa;
```

```

    alfa=degrees*2*Math.PI/360;

    stA.pos.setXY(200+Math.cos(alfa/2)*radius,200-Math.sin(alfa/2)*radius);

    stB.pos.setXY(200+Math.cos(Math.PI-alfa/2)*radius,200-Math.sin(Math.PI-alfa/2)*radius);

}

public void check()
{
    //checking whether the Sowbug is facing or not a stimulus
    //if yes the need for that stimulus decrease increasing the need
    //for the other stimulus
    if (Math.abs(Sowbugbot.ur.distanzaAngolare(Sowbugbot.pos,stA.pos,Sowbugbot.coor_abs[4]))<0.01)
    {
        needForA=0;
        needForB=1;

        noVte++;
    }
    if (Math.abs(Sowbugbot.ur.distanzaAngolare(Sowbugbot.pos,stB.pos,Sowbugbot.coor_abs[4]))<0.01)
    {
        needForA=1;
        needForB=0;

        noVte++;
    }
}
}
}

```

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